

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	484	Zwart	Yari	Meensel-Kiezegem	M1	SEN	ROBA	00:19:43	18.03	03:19
2	4	Laureys	Kenneth	Morkhoven	M2	SEN	De Dorpspomp Her...	00:19:52	17.9	03:21
3	451	Mans	Steve	Testelt	M3	MAS+40	#sqmrunningteam	00:20:10	17.63	03:24
4	470	Van De Gaer	Wesley	Averbode	M4	MAS+40	Boothyvision	00:20:19	17.5	03:25
5	461	Rens	Yenthe	Westerlo	M5	SEN	ACHL	00:20:32	17.32	03:27
6	440	Delmé	Kobe	Averbode	M6	SEN	ROBA	00:20:50	17.07	03:30
7	437	De Ceulaer	Daan	Wezemaal	M7	JUN	ROBA	00:20:58	16.96	03:32
8	1	Camps	Tom	Veerle	M8	MAS+35	VDB Cycling team	00:21:02	16.9	03:32
9	2016	Vandenbrande	Steven	Korbeek-Lo	M9	MAS+35		00:21:03	16.89	03:33
10	460	Raus	Milo	Zichem	M10	JUN	A-Team	00:21:25	16.6	03:36
11	486	De Rooy	Andy	Grobendonk	M11	MAS+45	Coyote Sports Team	00:21:32	16.51	03:38
12	2002	Peetermans	Matthias	Zoutleeuw	M12	MAS+35	E-FIT CENTER M...	00:22:02	16.14	03:43
13	426	Aerts	Tuur	Herselt	M13	JUN	ROBA	00:22:11	16.03	03:44
14	435	Convents	Timothy	Halen	M14	SEN	ROBA	00:22:12	16.02	03:44
15	2001	Wouters	Chriske	Diest	M15	MAS+50	SQM Running team	00:22:31	15.79	03:47
16	20	Vande Velde	Joris	Betekom	M16	SEN		00:22:35	15.74	03:48
17	490	Van Gorp	Yves	Testelt	M17	MAS+35		00:23:00	15.46	03:52
18	458	Peeters	Dirk	Binkom	M18	MAS+55		00:23:02	15.44	03:53
19	2012	Cuyvers	Jonas	Tessengerlo	M19	SCH	De Windbrekers	00:23:04	15.41	03:53
20	472	Van Gelder	Glen	Averbode	M20	SEN		00:23:07	15.38	03:54
21	13	Verheyen	Nick	Berchem	M21	SEN		00:23:10	15.35	03:54
22	497	Raeymaekers	Lars	Hulshout	M22	SEN	AC Hulshout	00:23:15	15.29	03:55
23	2	Waterschoot	Eric	Lummen	M23	MAS+55	DCLA Halen	00:23:17	15.27	03:55
24	498	Hoskens	Benny	Laakdal	M24	MAS+55	De Bosvrienden	00:23:34	15.09	03:58
25	495	Huysmans	Davy	Geel	M25	MAS+40		00:23:43	14.99	04:00
26	464	Sonck	Ruth	Tienen	V1	MAS+35	SQM Running Team	00:24:03	14.78	04:03
27	10	Peeters	Björn	Pelt	M26	MAS+35	SACN	00:24:24	14.57	04:07
28	11	Eyckmans	Filip	Laakdal	M27	MAS+40	Looise	00:24:30	14.51	04:08
29	487	Joos	Gerd	Langdorp	M28	MAS+45	ROBA / Kapsalon L...	00:24:41	14.4	04:09
30	457	Peetermans	Lothar	Zoutleeuw	M29	SEN		00:24:45	14.37	04:10
31	493	Lemmens	Guy	Zichem	M30	MAS+50		00:24:49	14.33	04:11
32	447	Hens	Evy	Halen	V2	SEN	ROBA	00:24:52	14.3	04:11
33	17	Aertgeerts	Daan	Testelt	M31	MIN	ROBA	00:25:07	14.16	04:14
34	429	Blockx	Hanna		V3	SEN		00:25:08	14.15	04:14
35	23	Maes	Peter	Aarschot	M32	MAS+45	Irish Pub Dubh-Linn	00:25:52	13.75	04:21
36	443	Geerts	Merel	Betekom	V4	SEN	ROBA - Team resis...	00:25:56	13.71	04:22
37	500	Van Ouytsel	Pascal	Rillaar	M33	MAS+50	ROBA	00:26:04	13.64	04:23
38	7	Geurts	Joris	Lanaken	M34	MAS+35		00:26:14	13.55	04:25
39	6	Korthout	Nils	Tessengerlo	M35	SEN		00:26:20	13.5	04:26
40	469	Utens	Erik	Kapellen	M36	MAS+45		00:26:32	13.4	04:28
41	496	Raeymaekers	Ronald	Hulshout	M37	MAS+50	AC Hulshout	00:26:45	13.29	04:30
42	2011	Gerrits	Thomas	Bekkevoort	M38	SEN		00:26:49	13.26	04:31
43	489	Torfs	Benny	Itegem	M39	MAS+50	Berglopers	00:27:16	13.04	04:36
44	2008	Janssens	Jarne	Loksbergen	M40	SCH	De Windbrekers	00:27:21	13	04:36
45	476	Vanden Elschen	Waldo	Nieuwrode	M41	MAS+50		00:27:32	12.91	04:38
46	483	Wilmaers	Kelly	Tielt-Winge	V5	MAS+40		00:27:34	12.9	04:39
47	9	Stallaert	Margot	Perk	V6	SEN		00:27:51	12.77	04:41
48	26	Torfs	Stijn	Gelrode	M42	MAS+35		00:28:15	12.59	04:46
49	28	Boeckx	Tuur	Zichem	M43	MIN		00:28:21	12.54	04:47
50	453	Nickmans	Kobe	Zichem	M44	MIN		00:28:22	12.53	04:47

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51	455	Nickmans	Tom	Zichem	M45	MAS+45		00:28:26	12.51	04:47
52	485	Van Kerkhoven	Dirk	Vissenaken	M46	MAS+60	ROBA	00:28:33	12.45	04:49
53	430	Cambré	Sandra	Herentals	V7	MAS+50	Coyote Sports Team	00:28:38	12.42	04:49
54	439	Declerck	Katie	Tielt-Winge	V8	MAS+50	ROBA	00:28:51	12.32	04:52
55	436	Dasque	Roos	Kersbeek-Miskom	V9	MAS+35	DCLA-Halen	00:29:03	12.24	04:54
56	492	Cools	Edwin	Tessengerlo	M47	MAS+65	Looi	00:29:07	12.21	04:54
57	14	Neuts	Ronny	Averbode	M48	MAS+65		00:29:14	12.16	04:55
58	8	Stallaert	Tim	Vilvoorde	M49	MAS+50		00:29:24	12.09	04:57
59	488	Rits	Mario	Hulshout	M50	MAS+50	Berglopers	00:29:32	12.04	04:59
60	467	Tan	Sander	Okselaar	M51	SCH		00:29:45	11.95	05:01
61	494	Verluyten	Vera	Tessengerlo	V10	MAS+55		00:29:48	11.93	05:01
62	481	Willekens	Walter	Laakdal	M52	MAS+65		00:30:08	11.8	05:05
63	449	Janssens	Gerben	Loksbergen	M53	JUN		00:30:14	11.76	05:06
64	434	Cels	Pol	Molenstede	M54	MIN		00:30:17	11.74	05:06
65	479	Vereycken	David	Westerlo	M55	MAS+45		00:30:37	11.61	05:09
66	452	Mulders	Astor	Zichem	M56	MIN		00:31:14	11.38	05:16
67	21	Van Oosterwyck	Ludo	Testelt	M57	MAS+60		00:31:17	11.37	05:16
68	27	Hoorbert	Mathias	Meensel-Kiezegem	M58	SEN	VC Bekkevoort	00:31:38	11.24	05:20
69	2009	Decoene	Marta	Meensel-Kiezegem	V11	SEN		00:31:39	11.23	05:20
70	19	Van Keulen	Lena	Testelt	V12	BEN	ROBA	00:31:43	11.21	05:21
71	22	Van den Broeck	Stefan	Averbode	M59	MAS+55		00:31:44	11.2	05:21
72	3	Korthout	Ronny	Herselt	M60	MAS+65		00:32:10	11.05	05:25
73	5	Croonen	Eddy	Ramsel	M61	MAS+55	Kapsalon Luc	00:32:12	11.04	05:26
74	428	Bergen	Nicole	Messelbroek	V13	MAS+55	Kapsalon Luc	00:32:19	11	05:27
75	16	Minnart	Elise	Assent	V14	CAD	ROBA	00:32:22	10.99	05:27
76	491	Arnauts	Marc	Tessengerlo	M62	MAS+60	Looise	00:32:38	10.9	05:30
77	12	Delmé	Tom	Ramsel	M63	MAS+40		00:33:08	10.73	05:35
78	474	Van Olmen	Gwenny	Zichem	V15	MAS+40		00:33:09	10.73	05:35
79	445	Godts	Maaïke	Okselaar	V16	MAS+35		00:33:45	10.54	05:41
80	463	Sleeckx	Sara	Ramsel	V17	SEN		00:33:50	10.51	05:42
81	478	Vandeput	Milan	Tienen	M64	SEN		00:33:51	10.5	05:42
82	466	Stinkens	Eric	Testelt	M65	MAS+60		00:33:53	10.49	05:43
83	482	Willems	Sarah	Zichem	V18	MAS+35	De bosvrienden Te...	00:34:02	10.45	05:44
84	2004	Luyten	Björn	Zoutleeuw	M66	MAS+35		00:34:12	10.4	05:46
85	433	Celis	Veronique	Diest	V19	MAS+35		00:34:20	10.36	05:47
86	454	Nickmans	Thibo	Zichem	M67	MIN		00:34:37	10.27	05:50
87	24	Nagels	Ann	Schriek	V20	MAS+50	Berglopers	00:34:50	10.21	05:52
88	499	Pieters	Karen	Averbode	V21	MAS+40		00:36:09	9.84	06:06
89	468	Tuerlinckx	Jean-Luc	Scherpenheuvel	M68	MAS+60	Kapsalon Luc	00:36:42	9.69	06:11
90	29	Van Noten	Sofie	Zichem	V22	MAS+35		00:37:01	9.61	06:14
91	431	Camps	Lore	Heusden-Zolder	V23	SEN		00:37:10	9.57	06:16
92	473	Van Gossum	Ronny	Testelt	M69	MAS+50		00:37:11	9.56	06:16
93	2014	Jacobs	Jessica	Halen	V24	SEN		00:37:40	9.44	06:21
94	18	Geyskens	Lore	Testelt	V25	MAS+40		00:37:58	9.37	06:24
95	441	Delsaerd	Christine	Diest	V26	MAS+60		00:38:32	9.23	06:30
96	30	Gijsemans	Michel	Heist op den Berg	M70	MAS+65	Dorpspomp	00:38:36	9.21	06:30
97	438	De Ceulaerde	Jacqueline	Averbode	V27	MAS+55		00:38:44	9.18	06:32
98	477	Vandenhoute	Gonnie	Averbode	V28	MAS+40		00:38:45	9.18	06:32
99	465	Stemans	Django	Zichem	M71	MAS+35		00:39:01	9.11	06:35
100	432	Celis	Hilde	Molenstede	V29	MAS+50		00:39:17	9.05	06:37

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101	2018	Amulius	Danny	Bekkevoort	M72	MAS+60		00:39:40	8.96	06:41
102	444	Gelin	Greet	Kessel Lo	V30	MAS+55	ROBA Recreanten	00:39:44	8.95	06:42
103	448	Hoes	Liesbeth	Zichem	V31	SEN		00:41:32	8.56	07:00
104	425	Adriaens	Michel	Nieuwerkerken	M73	MAS+70		00:42:00	8.47	07:05
105	2013	Gielis	Ellen	Westerlo	V32	MAS+40	Berglopers	00:42:17	8.41	07:08
106	446	Guldolf	Dries	Aarschot	M74	SEN	Sportiva Gelrode	00:42:58	8.28	07:15
107	475	Van Ouytsel	Kelly	Zichem	V33	MAS+40	ROBA Diest	00:43:24	8.19	07:19
108	25	Michiels	Chris	Rotselaar	M75	MAS+70		00:44:08	8.06	07:26
109	450	Langendries	Kim		V34	MAS+35		00:44:43	7.95	07:32
110	15	Geyskens	Ludo	Scherpenheuvel	M76	MAS+65		00:46:47	7.6	07:53