

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	479	Delmé	Kobe	Averbode	M1	SEN	ROBA	00:13:34	17.69	03:23
2	8	Lammens	Wouter	Linden	M2	SEN	DCLA	00:13:58	17.18	03:29
3	467	Mans	Steve	Testelt	M3	MAS+40	SQM Running team	00:14:10	16.94	03:32
4	491	Helsen	Michel	Rillaar	M4	MAS+40		00:14:21	16.72	03:35
5	486	Philips	Glenn	Denderleeuw	M5	SEN	Running Team Boost	00:14:30	16.55	03:37
6	488	De Raedt	Marc	Holsbeek	M6	MAS+50	Kapsalon Luc	00:14:37	16.42	03:39
7	492	Vets	Senne	Kaggevinne	M7	JUN		00:14:46	16.25	03:41
8	2012	Cuyvers	Jonas	Tessengerlo	M8	SCH	De Windbrekers	00:14:58	16.04	03:44
9	465	Leemans	Robbe	Vissenaken	M9	JUN		00:15:05	15.91	03:46
10	22	Willems	Elden	Lubbeek	M10	SEN	TCV	00:15:17	15.7	03:49
11	2001	Wouters	Chriske	Diest	M11	MAS+50	SQM Running team	00:15:44	15.25	03:56
12	2008	Janssens	Jarne	Loksbergen	M12	SCH	De Windbrekers	00:16:08	14.88	04:02
13	468	Morren	Hans	Pellenberg	M13	SEN	FC Pellenberg	00:16:25	14.62	04:06
14	461	De Cock	Nico	Baal	M14	MAS+45	Sportiva Gelrode	00:16:41	14.39	04:10
15	496	Joos	Gerd	Langdorp	M15	MAS+45	Kapsalon Luc	00:16:50	14.26	04:12
16	18	Van Rompaey	Nils	As	M16	SCH		00:17:10	13.98	04:17
17	477	Vandermaesen	Ivo	Schaffen	M17	MAS+60	DCLA-Halen	00:17:13	13.94	04:18
18	6	Goethuys	Tijs	Meensel-Kiezegem	M18	MIN		00:17:18	13.87	04:19
19	466	Mans	Dylan	Testelt	M19	MIN	Houtvenne	00:17:19	13.86	04:19
20	493	Ceusters	Nico	Messelbroek	M20	SEN	ROBA	00:17:29	13.73	04:22
21	497	Dusvail	Wesley	Zoutleeuw	M21	MAS+35		00:17:31	13.7	04:22
22	15	Op de Beeck	Werner	Ramsel	M22	MAS+45	Sportiva Gelrode	00:17:37	13.62	04:24
23	498	Saenen	Tom	Tessengerlo	M23	MAS+45	Bosvrienden	00:17:58	13.36	04:29
24	484	Minnen	Minte	Sint-Joris-Winge	V1	CAD		00:18:18	13.11	04:34
25	485	Daniels	Steven	Meensel-Kiezegem	M24	MAS+40		00:18:23	13.06	04:35
26	476	Van der Hoeven	Hanne	Schriek	V2	JUN		00:18:27	13.01	04:36
27	475	Utens	Erik	Kapellen	M25	MAS+45		00:18:37	12.89	04:39
28	487	Philips	Tara	Denderleeuw	V3	SEN	Running Team Boost	00:18:48	12.77	04:42
29	490	Vansweevelt	Lars	Tielt-Winge	M26	MIN	VC bekkevoort	00:18:52	12.72	04:43
30	2019	Luts	Daniël	Engsbergen	M27	MAS+65	DCLA-Halen	00:18:55	12.69	04:43
31	21	Doms	Stijn	Geetbets	M28	MAS+35		00:18:59	12.64	04:44
32	23	Verbeeck	Giovanni		M29	MAS+40	JCK Keerbergen	00:19:11	12.51	04:47
33	4	Caluwaerts	Gerry	Tielt-Winge	M30	MAS+45	Wijnbar	00:19:30	12.31	04:52
34	5	Thuyls	Stijn	Tielt-Winge	M31	MAS+40		00:19:31	12.3	04:52
35	2011	Gerrits	Thomas	Bekkevoort	M32	SEN		00:19:39	12.21	04:54
36	471	Segers	Julie	Glabbeek	V4	CAD	DCLA	00:19:43	12.17	04:55
37	478	Vangoidenhoven	Diziana	Vissenaken	V5	MAS+50	ROBA	00:19:47	12.13	04:56
38	499	Verheyden	Gunther	Bekkevoort	M33	MAS+45		00:20:13	11.87	05:03
39	489	Declerck	Katie	Tielt-Winge	V6	MAS+50	ROBA	00:20:29	11.72	05:07
40	13	Demarsin	Lukas	Tielt-Winge	M34	MIN		00:20:53	11.49	05:13
41	14	Demarsin	Kurt	Tielt-Winge	M35	MAS+50		00:20:56	11.46	05:14
42	11	Leaerts	Adeline	Meensel-Kiezegem	V7	PUP	RCT Tienen	00:20:57	11.46	05:14
43	472	Servranckx	Floris	Lubbeek	M36	PUP		00:20:58	11.45	05:14
44	10	Leaerts	Aster	Meensel-Kiezegem	M37	BEN	RCT Tienen	00:21:02	11.41	05:15
45	473	Servranckx	Thomas	Lubbeek	M38	MAS+35		00:21:04	11.39	05:16
46	9	Leaerts	Soeri	Meensel-Kiezegem	M39	MAS+40	Paxx Global	00:21:08	11.36	05:17
47	20	Sijmus	Willy	Keerbergen	M40	MAS+70		00:21:10	11.34	05:17
48	480	Verstraete	Peter	Grathem (NL)	M41	MAS+50		00:21:26	11.2	05:21
49	482	Veuchelen	Pieter-Jan	Binkom	M42	MAS+35		00:21:46	11.03	05:26
50	2009	Decoene	Marta	Meensel-Kiezegem	V8	SEN		00:22:01	10.9	05:30

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51	495	Van De Pol	Tom	Schaarbeek	M43	MAS+40		00:22:06	10.86	05:31
52	470	Roskin	Eric	Meensel-Kiezegem	M44	MAS+50		00:22:22	10.73	05:35
53	464	Guldolf	Dries	Aarschot	M45	SEN	Sportiva Gelrode	00:22:28	10.68	05:37
54	1	Beelen	Thibault	Tielt-Winge	M46	BEN	RCT	00:22:59	10.44	05:44
55	500	Beelen	Pieter	Tielt-Winge	M47	MAS+40		00:23:00	10.43	05:45
56	494	Haekens	Jean-Marie	Bilzen	M48	MAS+55	Mattel en Spattel	00:23:27	10.23	05:51
57	474	Tuerlinckx	Jean-Luc	Schoonderbuken	M49	MAS+60	Kapsalon Luc	00:24:49	9.67	06:12
58	2	Beelen	Olivier	Tielt-Winge	M50	PUP	RCT	00:25:13	9.52	06:18
59	3	Eijckmans	Eric	Laakdal	M51	MAS+60		00:25:17	9.49	06:19
60	483	Van Meerbeeck	Toby	Sint-Joris-Winge	M52	SCH		00:25:29	9.42	06:22
61	2005	Van Lier	Stefan	Tremelo	M53	MAS+65		00:25:37	9.37	06:24
62	481	Bloemmen	Ulrike	Grathem (NL)	V9	MAS+40		00:25:44	9.33	06:26
63	19	Haentjens	Kris	Berchem	M54	MAS+65		00:26:03	9.21	06:30
64	17	Van Rompaey	Senne	As	M55	SCH		00:26:17	9.13	06:34
65	12	Roelants	Myriam	Wezemaal	V10	MAS+60		00:27:04	8.87	06:46
66	7	Gabriels	Jonas	Meensel-Kiezegem	M56	JUN		00:27:39	8.68	06:54
67	2018	Amulius	Danny	Bekkevoort	M57	MAS+60	2018	00:28:11	8.52	07:02
68	16	Jaspers	Drina	Aarschot	V11	MAS+60	Sportiva Gelrode	00:29:19	8.19	07:19
69	2013	Gielis	Ellen	Westerlo	V12	MAS+40	Berglopers	00:34:31	6.95	08:37
70	460	Cipriani	Winter	Eliksem	V13	BEN		00:38:57	6.16	09:44
71	459	Appeltans	Elke	Eliksem	V14	MAS+40		00:38:59	6.16	09:44