

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	23	Mans	Steve	Testelt	M1	MAS+40	SQM Running team	00:13:53	17.29	03:28
2	2012	Cuyvers	Jonas	Tessengerlo	M2	SCH	De Windbrekers	00:14:16	16.82	03:34
3	2001	Wouters	Chriske	Diest	M3	MAS+50	SQM Running team	00:14:50	16.18	03:42
4	59	Devenyns	Henric	Holsbeek	M4	MAS+35	Kinecenter Gingelom	00:14:57	16.05	03:44
5	19	Leemans	Robbe	Vissenaken	M5	JUN		00:15:00	16	03:45
6	25	Nijs	Alexander		M6	SEN		00:15:13	15.77	03:48
7	2008	Janssens	Jarne	Loksbergen	M7	SCH	De Windbrekers	00:15:56	15.06	03:59
8	30	Sonck	Ruth	Tienen	V1	MAS+35	SQM Running Team	00:15:58	15.03	03:59
9	46	Verboven	Vincent	Zichem	M8	MAS+35	Blijven lopen s-z	00:16:25	14.62	04:06
10	22	Mans	Dylan	Testelt	M9	MIN	Houtvenne	00:16:53	14.22	04:13
11	71	Marteleur	Mischa	Langdorp	M10	MAS+50	Sportif Bike Team	00:16:57	14.16	04:14
12	1	Berthels	Lowie	Sint-Joris-Winge	M11	MIN		00:17:34	13.66	04:23
13	2	Lemkens	Geert	Bekkevoort	M12	MAS+35		00:17:55	13.4	04:28
14	49	Van Boxtael	Pol	Nieuwrode	M13	MAS+35		00:17:57	13.37	04:29
15	31	Stroobant	Sander	Herent	M14	MAS+35		00:18:13	13.17	04:33
16	55	Lazeure	Mathijs	Nieuwrode	M15	MAS+40		00:18:16	13.14	04:34
17	60	De Vries	Wannes	Westerlo	M16	MIN	AC Hulshout	00:18:19	13.1	04:34
18	17	Kablau	Chico	Prinsenbeek	M17	SEN		00:18:23	13.06	04:35
19	40	Wilmaers	Kelly	Tielt-Winge	V2	MAS+40		00:18:24	13.04	04:36
20	24	Mulder	Jeroen	Teteringen	M18	SEN		00:19:11	12.51	04:47
21	57	Vangoidsenhoven	Diziana	Vissenaken	V3	MAS+50	ROBA	00:19:17	12.45	04:49
22	81	Lefever	Nils	Wezemaal	M19	MIN		00:19:21	12.4	04:50
23	11	Declerck	Katie	Tielt-Winge	V4	MAS+50	ROBA	00:19:37	12.23	04:54
24	39	Verheyden	Gunther	Bekkevoort	M20	MAS+45		00:19:42	12.18	04:55
25	47	Wijns	Pascal	Schriek	M21	SEN	Concap	00:20:19	11.81	05:04
26	2009	Decoene	Marta	Meensel-Kiezegem	V5	SEN		00:20:20	11.8	05:05
27	77	Hostyn	Wannes	Tielt-Winge	M22	PUP		00:20:33	11.68	05:08
28	43	Verstraete	Peter	Grathem (NL)	M23	MAS+50		00:20:47	11.55	05:11
29	9	De Vries	Bas	Houwaart	M24	PUP		00:20:54	11.48	05:13
30	28	Peeters	Karel	Houwaart	M25	CAD		00:21:11	11.33	05:17
31	66	De Vries	Rintse	Westerlo	M26	PUP	Immer Oost	00:21:50	10.99	05:27
32	56	Putseys	Doenja	Sint-Pieters-Rode	V6	SEN		00:21:50	10.99	05:27
33	21	Luttun	Aernout	Tielt-Winge	M27	MAS+50		00:21:58	10.93	05:29
34	3	Born	Thomas	Booischot	M28	MAS+80		00:22:00	10.91	05:30
35	35	Vandendriessche	Els	Tienen	V7	MAS+35		00:22:01	10.9	05:30
36	14	Guldolf	Dries	Aarschot	M29	SEN	Sportiva Gelrode	00:22:14	10.79	05:33
37	79	Schuermans	Leon	Wiekevorst	M30	CAD	KFC Houtvenne	00:22:26	10.7	05:36
38	29	Peeters	Stijn	Houwaart	M31	SCH		00:22:42	10.57	05:40
39	88	Heremans	Joris	Booischot	M32	SEN		00:22:52	10.5	05:43
40	58	Moeurs	Elise	Zichem	V8	PUP	ROBA Diest	00:23:05	10.4	05:46
41	70	Verstraeten	Annick	Langdorp	V9	MAS+50	Sportif Bike Team	00:23:27	10.23	05:51
42	7	De Bie	Danny	Putte	M33	MAS+60		00:23:39	10.15	05:54
43	75	Hostyn	Pirre	Tielt-Winge	M34	PUP		00:23:42	10.13	05:55
44	89	Vantongelen	Tieme	Rillaar	M35	BEN		00:23:43	10.12	05:55
45	86	Verbiest	Maxim	Aarschot	M36	SEN		00:23:45	10.11	05:56
46	85	Van Aerschot	Sam	Gelrode	M37	SEN		00:23:47	10.09	05:56
47	90	Vantongelen	Kim	Rillaar	M38	MAS+40		00:23:53	10.05	05:58
48	67	Hensmans	Jana	Oplinter	V10	CAD		00:23:59	10.01	05:59
49	33	Van Horebeek	Inneke	Houwaart	V11	MAS+35		00:24:00	10	06:00
50	83	Nolmans	Bram	Aarschot	M39	SEN		00:24:01	9.99	06:00

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51	36	Vangheluwe	Yves	Tielt-Winge	M40	MAS+45		00:24:23	9.84	06:05
52	78	Hostyn	Maité	Tielt-Winge	V12	CAD		00:24:44	9.7	06:11
53	42	Bloemmen	Ulrike	Grathem (NL)	V13	MAS+40		00:24:46	9.69	06:11
54	61	Croonen	Eddy	Ramsel	M41	MAS+55	Kapsalon Luc	00:24:48	9.68	06:12
55	26	Nijs	Alexander	Linden	M42	CAD		00:25:02	9.59	06:15
56	4	Brankaer	Marie	Neerijse	V14	JUN		00:25:03	9.58	06:15
57	2018	Amulius	Danny	Bekkevoort	M43	MAS+60		00:25:11	9.53	06:17
58	80	Decoster	Mathis	Tielt-Winge	M44	MIN		00:25:25	9.44	06:21
59	63	Heylen	Anneke	Sint-Joris-Winge	V15	MAS+45		00:25:33	9.39	06:23
60	62	Broekx	Stijn	Sint-Joris-Winge	M45	MAS+45		00:25:35	9.38	06:23
61	87	Coosemans	Annelies	Kortrijk-Dutsel	V16	MAS+40		00:25:39	9.36	06:24
62	74	Aerts	Yvonne	Blaasveld	V17	MAS+55		00:25:53	9.27	06:28
63	48	Fleurackers	Cato	Schriek	V18	SEN	DCPP	00:26:33	9.04	06:38
64	10	De Vries	Sam	Houwaart	V19	MIN		00:26:37	9.02	06:39
65	27	Nijs	Bilitis	Aarschot	V20	SEN		00:26:41	8.99	06:40
66	12	Denecker	Sofie	Herent	V21	SEN		00:26:42	8.99	06:40
67	82	Lefever	Koen	Wezemaal	M46	MAS+45		00:27:06	8.86	06:46
68	38	Verhasselt	Anneleen	Houwaart	V22	MAS+40		00:27:18	8.79	06:49
69	76	Janssens	Noortje	Tielt-Winge	V23	MAS+35		00:27:36	8.7	06:54
70	72	Bergen	Nicole	Messelbroek	V24	MAS+55	Kapsalon Luc	00:27:59	8.58	06:59
71	41	De Wachter	Carine	Keerbergen	V25	MAS+60	Geshaalopers	00:28:00	8.57	07:00
72	16	Huybreghts	Fien	Houwaart	V26	MIN		00:28:03	8.56	07:00
73	32	Van Der Motte	Annelies	Houwaart	V27	MAS+35		00:28:05	8.55	07:01
74	84	Claes	Axelle	Sint-Joris-Winge	V28	SEN		00:28:08	8.53	07:02
75	69	Van der Span	Nicolas	Gelrode	M47	MAS+40		00:28:09	8.53	07:02
76	54	Coenen	Kim	Nieuwrode	V29	MAS+35		00:28:38	8.38	07:09
77	73	Willems	Marijke	Tielt-Winge	V30	MAS+40		00:28:40	8.37	07:10
78	44	Verhasselt	Jozef	Vollezele	M48	MAS+70	Markvallei	00:28:56	8.29	07:14
79	5	Christiaens	Dorien	Houwaart	V31	SEN		00:29:00	8.28	07:15
80	65	Desaever	Lisa	Houwaart	V32	JUN		00:29:03	8.26	07:15
81	64	Desaever	Emma	Houwaart	V33	SEN		00:29:05	8.25	07:16
82	8	De Maeseneer	Evelien	Nieuwrode	V34	MAS+40		00:29:12	8.22	07:18
83	15	Houben	Emma	Houwaart	V35	SEN		00:29:27	8.15	07:21
84	51	Ivens	Julien	Sint-Amands	M49	KAN		00:29:39	8.09	07:24
85	52	Ivens	Aline	Sint-Amands	V36	BEN		00:29:42	8.08	07:25
86	53	Peirsman	Evelien	Sint-Amands	V37	MAS+35		00:29:44	8.07	07:26
87	50	Ivens	Arne	Sint-Amands	M50	MAS+35		00:29:46	8.06	07:26
88	68	Goedhuys	Lesley	Houwaart	M51	MAS+35		00:30:46	7.8	07:41
89	45	Michiels	Chris	Rotselaar	M52	MAS+70		00:30:53	7.77	07:43